



5 Day Water Wizards Timetable

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30		
Day 1	Wake Up	Train To Hakuba									Transport	Greeting & Lunch @ Lake		Raft Building Adventure			Snack	Lake Study	Camp Cooking			Journal	Camp Fire & Songs			Wash	Ready For Bed	Lights Out						
Day 2	Wake Up	Breakfast		Walk To Himekawa Spring & Nature Games						Lunch @ Genryu		Transport	Games & Fishing At Green Sport				BBQ At Green Sport		Journal	Board Games, Relax & Phone Calls			Bath	Ready For Bed	Lights Out									
Day 3	Wake Up	Breakfast		Rafting On Hime River						Lunch @ Roots		Mini Hydro Power Project & Tshirt Painting				Free Time	Journal	Dinner @ Hotel		Quiz Night		Free Time	Bath	Ready For Bed	Lights Out									
Day 4	Wake Up	Breakfast		Visit Hydro Electric Dam & River Study		Transport	Activities		Camp Fire Cooking		Activities			Transport	Free Time	Journal	Pizza Party @ Roots			Camp Fire		Free Time	Bath	Ready For Bed	Lights Out									
Day 5	Wake Up	Breakfast		Canyoning Adventure						Lunch @ Omachi		Certificates & Presentations		Transport	Train To Tokyo For 5 Day Campers					Dinner @ Hotel	Movie Night			Bath	Ready For Bed	Lights Out								
																	Stand Up Paddle Board or Kayak																	

Outdoor Gear Checklist

- Backpack (for day-trips)
- Suitable footwear for mountain biking & outdoor activities
- Water bottle
- Flashlight
- 2 x garbage bags (for waterproofing and laundry)
- rain wear (test it in the shower!)

Clothing Checklist

- Underwear
- Hat or cap (for the sun)
- Socks (including wool)
- Pants & Shorts
- Swimwear
- T-shirts
- Sweater or fleece
- Sports sandals or water shoes (not flip-flops)
- Pajamas

Other Items Checklist

- Toiletries
- Insect repellent
- Towel
- Books
- Lip balm
- Sunscreen

Optional Items Checklist

- Swimming goggles/mask
- Camera (disposable)
- Playing cards
- Band-aids
- Sunglasses
- Musical instruments
- Spending money (for gifts)

What Not To Bring

- ! Knives of any kind
- ! Pets
- ! Alcohol
- ! Cigarettes
- ! Video Games

Any equipment/gear specific to the camp activities will be provided by Evergreen. All camp gear such as tents, sleeping bags, utensils, cups, plates and bowls will be provided by Evergreen for all overnight camping trips.