



5 Day Hakuba Adventure Timetable

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00
Day 1	Wake Up	Transport To Hakuba									Transport	Greeting & Lunch @ Lake		Canoe In Autumn Foliage						Free Time	Hotel Check In	Dinner @ The Alps View		Evening Activity - Drama Night		Ready For Bed	Lights Out				
Day 2	Wake Up	Breakfast		Water Energy Project Visit Hydro Power Station & Energy Museum							Lunch		Wall Climbing Skills Workshop						Free Time	Journal	Dinner @ The Alps View		Phone Calls	Evening Walk & Stargazing		Ready For Bed	Lights Out				
Day 3	Wake Up	Breakfast		Hiking Adventure At Tsugaika							Lunch		Hiking Adventure Continued						Free Time	Journal	Dinner @ The Alps View		Phone Calls	Evening Activity - Quiz Night		Ready For Bed	Lights Out				
Day 4	Wake Up	Breakfast		Tree Climbing							Lunch @ Roots Cafe		High Ropes Adventure						Free Time	Journal	Pizza Party @ The Alps View		Evening Activity - Camp Fire		Ready For Bed	Lights Out					
Day 5	Wake Up	Breakfast		Mountain Bike Geocache							Lunch @ Roots Cafe		Journal	Certificates & Presentations	Transport	Transport To Tokyo						Meet Family									

Outdoor Gear Checklist

- Backpack (for day-trips)
- Suitable footwear for mountain biking & outdoor activities
- Water bottle
- Flashlight
- 2 x garbage bags (for waterproofing and laundry)
- rain wear (test it in the shower!)

Clothing Checklist

- Underwear
- Hat or cap (for the sun)
- Socks (including wool)
- Long Pants
- T-shirts
- Warm Clothes (Sweater Fleece Jacket)
- Pajamas

Other Items Checklist

- Mask & Plastic Zip Lock Bag
- Hand Sanitizer
- Toiletries
- Insect repellent
- Towel
- Books
- Lip balm
- Sunscreen

Optional Items Checklist

- Camera (disposable)
- Playing cards
- Band-aids
- Sunglasses
- Musical instruments
- Spending money (for gifts)
- Watch

What Not To Bring

- ! Knives of any kind
- ! Pets
- ! Alcohol
- ! Cigarettes
- ! Video Games

Any equipment/gear specific to the camp activities will be provided by Evergreen. Campers will have limited time with their phones, before, or after dinner (for phone calls only)