



5 Day Japan Alps Leadership Timetable

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30
Day 1	Transport										Greeting & Lunch		Canyoning						Free Time		Dinner	Drama Night						
Day 2	Breakfast	Lake Activities						Lunch		Lake Activities						Free Time		Dinner	Sustainability Workshop									
Day 3	Breakfast	Mountain Bike						Lunch		Mountain Bike & Camp Prep						Free Time		Dinner	Camp Fire									
Day 4	Breakfast	River Rafting						Lunch		Hiking						Free Time		Pizza Party		Movie Night								
Day 5	Breakfast	Climbing						Lunch		Certificates & Presentations		Transport																

Please Note: This is a sample schedule, times and activities may differ from above. Residential and Day Camper programs may run separately from each other.