

Family Doctor's Phone Number:	
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****If Parent/Guardian is not available in an emergency, please contact;**

Name:	
Home Phone Number:	
Cell Phone Number / Work Number	
Relationship to Camper:	
Home Address:	

HEALTH HISTORY

Is your child's immunization up to date?: _____
 Date of last booster shot: _____
 Has your child recently been in contact with any contagious diseases? _____
 If yes, which diseases? _____ And when?: _____
 Convulsions?: _____ Asthma? _____ Ear Infections? _____
 Behavior disorders? _____
 Other: _____

ALLERGIES

List all allergies: _____
 Level of allergic reaction: _____

RECOMMENDATIONS & RESTRICTIONS

Special diet: _____
 Special medicine: _____
 If yes, is Parent sending it with the camper?: YES _____ NO _____
 If yes, any special instructions for medicine? _____

 Activities to be restricted: _____
 Any further suggestions from parent? _____



PARENT AUTHORIZATION

My child's health history is up to date and is correct. My child has permission to participate in all prescribed camp activities, *except* for those which I have noted above. In the case of an **emergency** where I cannot be reached I hereby give permission to the physician chosen by the Evergreen Outdoor Center Director to administer treatment in the way of hospitalization, injection(s), anesthesia, or surgery for my child. I hereby accept to pay for any charges not covered by my medical plan (i.e. ambulance, medications etc).

Form completed by: _____ Relationship: _____

Signature: _____ Date: _____

CAMPER INFORMATION

To make your child's camp experience the best it can be, we at Evergreen would like to know a little about your child. Information such as likes, dislikes and any relevant personal habits that will make camp enjoyable and safe for everyone would be greatly appreciated.

1. Does he/she have any food dislikes? _____
2. Does he/she have any favorite foods? _____
3. Can he/she swim 25m? _____ Swim Level? _____
4. Does he/she have any serious fears? (ex. Water, the dark, heights, etc)

5. Does he/she have any physical limitations? _____
6. Is he/she a bed wetter? _____ Sleepwalker? _____
7. Do you have any advice that might be helpful? (i.e. personal habits, emotional needs, family situations, etc.) _____



EVERGREEN SUMMER CAMP CHECKLIST

Outdoor gear:

- _____ backpack (for day-trips)
- _____ hiking boots/ or durable rubber soled shoes
- _____ sleeping bag
- _____ water bottle
- _____ flashlight
- _____ 2 garbage bags (for water proofing and laundry)
- _____ rain wear (test it in the shower!)

Clothing (for 5 days):

- _____ underwear
- _____ hat or cap (for the sun)
- _____ socks (including wool)
- _____ pants
- _____ shorts _____ swim wear
- _____ T-shirts
- _____ sweater or fleece
- _____ sport sandals (not flip-flops)
- _____ pajamas

Other:

- _____ toiletries
- _____ towel
- _____ insect repellent
- _____ sunscreen
- _____ band-aids
- _____ lip-balm

Optional:

- _____ camera _____ playing cards
- _____ books _____ swimming goggles/mask
- _____ postcards (w/stamps)
- _____ sunglasses
- _____ musical instrument
- _____ spending money (for extra snacks/drinks/gifts)
- _____ teddy bear (comfort item)

What not to bring to camp: knives of any kind, junk food, stereo/music player, cellular phones, computer games, pets, alcohol, cigarettes, bad weather!



PAYMENT METHOD

Payment can be made to Evergreen Outdoor Center in the following ways;

BANK ACCOUNT DEPOSIT: Hachijuni (82) Bank, Hakuba Ten, Futsu Kouza # 125644, Evergreen Outdoor Center, Swift Code HABKJPJT

POST OFFICE ACCOUNT DEPOSIT: Furikomi Kouza # 00530-0-77782, Evergreen Outdoor Center

CREDIT CARD: Please call, fax, or email your credit card details to our office.

CASH: Payment can be made in person by coming to our office.

ADDITIONAL INFORMATION

**** Note – All additional bedding (excluding sleeping bag) will be provided by Evergreen**

****Any equipment/gear specific to the camp activities will be provided by Evergreen**

****All camp utensils, cups, plates and bowls will be provided by Evergreen**

****If campers need rentals of equipment, (ex. Sleeping bag, backpack, etc.) Evergreen can arrange these. Please let us know.**

Please feel free to give us a call if you have any questions or concerns as you prepare for camp. Our office number is ☐261-72-515☐